

ASCENDING LIFE CHRISTIAN PREP ACADEMY

“A DISTINGUISHED STUDENT ATHLETE COLLEGE PREP PROGRAM”



2019-2020 REGISTRATION PACKET

ABOUT OUR PROGRAM.....

The domestic and international students at Ascending Life Prep Academy represent many countries who come together to study, train and develop into the complete student-athlete. Because we know every student is different, we provide realistic education programs to compliment our intense training program and give each student personalized attention and individual learning. We also offer a variety of activities to engage and connect with our students, and promote an atmosphere of diversity and acceptance. Everyone of our student athletes represents a different culture and background and we encourage this diversity in our program, in our classroom, sports and in our training facility.

Whether you're looking to improve your English skills, get a head start to the school year or improve your college entrance standing, we'll prepare you to succeed on and off the court/field. In addition to expert basketball training, our program offers ESL classes, TOEFL preparation, SAT/ACT classes and summer online courses. Our program is for student athletes 9th- 12th grade. Our program ensures that there are no skipped steps or omissions in our student athlete's undergrad record that might preclude them from attending a college or university.

You will need to obtain an F-1 Student Visa in order to attend Ascending Life Prep Academy. We will issue each student-athlete an I-20 form with the fulfillment of the following requirements; enrolling as a full-time student at a Ascending Life partner school , providing a copy of your passport, completing required deposit, and providing financial verification that you have sufficient funds to support your stay in the United States.

In hoops,

P. Harris Williams II
Dean of Students

OUR CORNERSTONES FOR SUCCESS

THE DEDICATED STAFF IN OUR COLLEGE PLANNING AND PLACEMENT DEPARTMENT EDUCATES AND MENTORS EACH STUDENT-ATHLETE AND THEIR FAMILY ABOUT COLLEGE EXAM PREPARATION, ATHLETIC RECRUITING AND NCAA COMPLIANCE.

COLLEGE PREPARATION

We support each student during their college search and application process by communicating with students, families and advisors and coordinating meetings with college admissions staff. We also provide ongoing resources such as campus visits and college fairs.

ATHLETIC RECRUITING

Our expert athletic recruiting liaisons guide our students through the college recruiting process and encourage students to meet with college coaches and attend campus events. We also educate our student-athletes about NCAA eligibility, compliance and regulations.

SAT/ACT/TOEFL PREP

Ascending Life Prep Academy students takes 40-hour SAT/ACT/TOEFL/ preparatory program that begins in the spring semester of their sophomore or junior year and continues through the end of the fall semester of the year. The courses are scheduled to coincide with the optimal timing for students to begin preparing for the tests and also complete their preparation when they are expected to begin taking the exams. Preparation includes critical strategies, test-taking tips, topic-specific lessons and online prep courses.

NCAA COMPLIANCE EDUCATION

We work to educate each student, family, coach, and staff member with the nuances of NCAA eligibility. The NCAA (National Collegiate Athletic Association) is made up of college and university member institutions, which develop and implement rules and regulations to determine participation and protect fairness in every sport. Our staff offers educational workshops, monitors academic certification, tracks recruitment activities, and oversees amateurism issues so that students, parents, and college coaches can have full confidence that a Ascending Life Sports Prep Academy graduate will have a complete understanding of the rules in place that govern their eligibility to play at the next level. For more detailed education about the NCAA and their eligibility process visit www.ncaa.org.

PERFORMANCE INSTITUTE

Ascending Life Preparatory Academy performance camps, our specialists and training staff promote athletic progression, focused development, leadership and overall personal transformation. No matter your sport, campers between the ages of 12-18, will gain an edge on the competition. WE BELIEVE THAT "EVERYONE IS AN ATHLETE", REGARDLESS OF WHETHER THEY ARE YOUTH, HIGH SCHOOL, COLLEGE, PRO OR GENERAL FITNESS POPULATION.

OUR CURRICULUM

Our dedicated faculty is committed to the success of each of our students. Click on the categories on the right to read more about the path each of our teachers took before they became part of the Ascending Lifefamily.

Students are untracked with the exception of native language designation and math, for which tracking is based on entering algebra preparation. Each required course is certified to fulfill one of the University of California's entrance requirements. Upon graduation, all students have at a minimum taken the necessary course work for admission to the University of California.

In addition to the core curriculum, Ascending Life offers a variety of electives, as well as sports:

Computer Science
Health & Fitness
Track and Field
Soccer

Music
Basketball
Cross Country

COLLEGE READINESS

We have developed a three-year college readiness series to make the college admissions process less daunting and the transition to college smoother.

Sophomores take “Composition and Argumentation,” which focuses on the elements of the SAT that will be helpful for students in college and beyond, including vocabulary development, breaking down and analyzing complicated texts, writing exercises, and developing critical reading skills.

In “Writing for College,” juniors continue to work on vocabulary development and critical reading skills. Students also complete a self-assessment, analyzing their eligibility for various colleges, and determining what they need and want in a college. Students investigate individual colleges, and prepare for meetings with visiting college representatives.

“Senior College Prep” guides students through each step of the college application process. Assisted by our college guidance counselor, seniors compile the lists of colleges to which they will apply and write their personal statements. They prepare the common application and develop teacher recommendation packets. By the end of the first semester, students have completed their college applications. The second semester is devoted to the financial aid process and the transition to college; a transition to college unit, including a financial literacy program, helps prepare students for the realities of college life.

SUMMER BRIDGE PROGRAM

All incoming ninth graders attend our Summer Bridge program for rising freshmen. During this six-week course, students take literature, math, financial literacy, and high school prep courses, which provides them with strategies for managing their time and workload effectively, developing key organizational skills, and helping them set goals for a successful year ahead.

The program plays a vital part in our effort to assess students' skill levels as they begin building skills that are essential to success. During this time, we convey our expectation that students will make a serious and sustained commitment to their education while laying the foundation of support from our faculty.

SENIOR BOOT CAMP

All rising seniors take this two-week class, taught by our College counselor which gives students a head start on the college application process as they research colleges and universities that would be a good match, begin working on their personal statements, and prepare for the fall SAT. This course is held in the beginning of the summer so students can participate in other activities and classes.

ON-CAMPUS CLASSES

We have partnered with Delta College to offer college-level classes at Ascending life both during the summer and during the school year. Typically we offer three college classes during the summer: chemistry, psychology, and statistics. These classes are a tremendous benefit to students as they enter college with college credits on their transcripts and with the confidence that they can master college-level material.

Summer classes typically include art and drama, which fulfill the year-long arts requirement for UC and CSU admission, as well as fitness and computer science.

OFF-CAMPUS PROGRAMS

In addition to offering classes on campus, we also help our students find and fund programs off campus. In past years students have participated in a variety of off-campus activities including career-directed internships, research or academic programs at universities, volunteer or paid positions at local nonprofits, international travel through organizations such as Experiment in International Living, and outdoor adventures with groups like NOLS (National Outdoor Leadership School). We work individually with students to help them navigate the application processes for off-campus summer activities.

FOUR YEAR ACADEMIC PLAN

<i>FRESHMEN</i>	<i>SOPHOMORES</i>	<i>JUNIORS</i>	<i>SENIORS</i>
Algebra 1 or Advanced Algebra/Geometry or Algebra 2/Geometry	Geometry or Algebra 2 /Trig or Trig/Analytical Geometry	Algebra 2/Trig or Intro to Analysis & Calculus or Math Analysis	Precalculus/Statistics or AP Calculus AB or AP Calculus BC
Conceptual Physics	Chemistry	Biology	Advanced Biology or Advanced Chemistry or Advanced Physics
World History	U.S. History	AP Macroeconomics/ American Government	Senior Research Institute
World Literature	American Literature	AP English Language and Composition	English 1A & 1B (College Level)
	Composition and Argumentation	Writing for College	Senior College Prep
Spanish 1 or American Sign Language 1	Spanish 2 or AP American Sign Language 2	Spanish 3 or AP American Sign Language 3	Spanish 4 or American Sign Language 4
Bible Studies	Bible Studies	Bible Studies	Bible Studies
Health & Fitness	Health & Fitness	Health & Fitness	Health & Fitness

ABOUT OUR PROGRAMS

High School Student Athletes

Through our school program your son will enroll in a high school in the grades 9-11 and take a full course load of American classes. This collaboration offers international students experience with the American educational system and helps prepare them to attend college in the US by improving their understanding of English, fluency, comprehension and participate in high school sports (all athletes must meet CIF requirements to play or may face sitting out the year). In addition to participating in our prep development program and AAU team during NCAA viewing periods.

POST GRAD/ GAP YEAR

You do NOT lose NCAA eligibility by participation at Ascending Life Preparatory Academy. We are NOT a college. Therefore, you will leave Ascending Life Saints Sports International Preparatory Academy fully eligible for participation at all college levels, including NCAA Division I, for 4 years (or 5 years including a red-shirt year, if applicable). Our Post Grad Program assists high school graduates in taking their basketball training to the next level. Getting into any college with a scholarship, takes talent, exposure and academics. Let our team provide you with the right training and help you find the right opportunity.

THE FACTORY (THE FOUNDATION OF OUR PROGRAM)

Our intense college prep basketball academy skill development designed to improve elements like ball handling, shooting, defense, passing and overall game situational performance. Those learned skills are then applied to elite competition play to balance skill work and game play.

POSITIONS SPECIFIC:

Increase your production on the court through position-specific drills and film sessions on topics including:

- Ball penetration
- Running a team as a point guard
- Post moves (high and low post)
- Executing overall game plan

MINDSET:

- Build mental discipline
- Player confidence
- Superior focus
- Game preparation
- Improved attitude

TECHNICAL:

- Ball-handling
- Shooting form
- Rebounding
- Footwork
- Finishing skills

TACTICAL

- Reading a defense
- Managing fast breaks
- Creating your shot
- Floor spacing
- 1-on-1 attacking
- Defense

PERFORMANCE

- Increase speed/agility
- Build explosive power
- Increase endurance

COMPETITION

Scrimmages and in-game situational play against players of similar skill levels built into training program to test and improve your game

- Injury-prevention

PERFORMANCE INSTITUTE

Ascending Life Academy performance camps, our specialists and training staff promote athletic progression, focused development, leadership and overall personal transformation. No matter your sport, campers between the ages of 12-18, will gain an edge on the competition.

WE BELIEVE THAT “EVERYONE IS AN ATHLETE”, REGARDLESS OF WHETHER THEY ARE YOUTH, HIGH SCHOOL, COLLEGE, PRO OR GENERAL FITNESS POPULATION. OUR PROGRAMS:

JUNIOR TRAINING

Our youth athlete program is designed to address the needs of the rapidly growing and developing middle school child, for athletic performance and general fitness. This program provides the physical foundation on which we will build upon in order to prepare for more advanced training at the high school level. The elite junior athletic development program is designed for boys and girls, ages 11 to 14, to teach the skills and strategies required to improve their quality of movement and address the needs of the rapidly growing and developing youth athlete for sports performance and overall health. WE OFFER TWO PRIMARY TRAINING CLASSES FOR THE JUNIOR ATHLETE LEVEL. FOUNDATION STRENGTH DEVELOPMENT AND JUNIOR SAC (SPEED, AGILITY & CONDITIONING).

ELITE HIGH SCHOOL PERFORMANCE TRAINING

The high school performance training program is designed to prepare our athletes to compete at a higher level of competition, by progressing to more advanced sports performance training. We focus on maximum increases in speed, strength, agility, explosiveness, & conditioning in order to provide them the tools to excel in whatever sport they wish to compete.

SPEED AGILITY AND CONDITIONING (SAC)

Our speed, agility, and conditioning system is a professionally designed and implemented training program specifically aimed to improve each athlete's acceleration, deceleration and change of direction skills, first step explosiveness, linear speed, reaction time (visual and auditory), lateral quickness, strength development, physical and mental toughness, and sport specific conditioning level.

STRENGTH DEVELOPMENT TRAINING

our strength development training program adheres to our high intensity training and applied functional science philosophies and focus on the strengthening all of the major muscles of the body in a functional manor that insures injury prevention (pre-habilitation) muscular balance and performance enhancement.

Strength development training with us consists of two phases: foundational strength development and advanced strength development. in the first phase, our athletes will be introduced to the fundamental loading patterns and will develop a solid foundation of strength, mobility, and athleticism on which we can build the complete athlete.

In the second phase, more advanced strength development programming and overload principles are introduced, including conventional weight lifting, olympic lifts, and plyometric exercises.

ADMISSION TO U.S.A. & PROGRAM

REQUIREMENTS FOR THE FORM I-20

- Enroll as a full-time student at Ascending Life Preparatory Academy. This includes completing all parts of the application before being offered admission.
- Provide a copy of your passport.
- Complete the required deposit and the international student fee if applicable.
- Provide financial verification stating that you have sufficient funds to support your stay in the U.S.A. We may receive a fax or a copy. The US Embassy will require the original.
- Submit update Student immunization record along with information listed above.

FINANCIAL INFORMATION & I-20 VERIFICATION FOR INTERNATIONAL STUDENTS

U.S. immigration regulations require that you demonstrate that you have sufficient funds to cover your **living and educational expenses** for study on a full-time basis. All international applicants must meet our financial documentation requirements to receive a *Certificate of Eligibility (Form I-20)*, and to apply for your *F-1 visa*.

What is acceptable financial verification?

All documents must be in English, or include a certified English translation. (Choose 1)

- Bank statements from past 3 months showing regular deposits accompanied by an Affidavit of Support
- Letter from bank
- Letter from employer stating salary accompanied by an Affidavit of Support

Funds in your bank account must equal annual tuition plus living expenses. We calculate living expenses at \$1,000 per month.

The **U.S. tourist visa**, otherwise known as the B1/B2 visa, is specifically for persons wishing to enter the United States for business, pleasure, tourism, or medical needs. If you are visiting to participate in one of our camps or are a parent/family member of a student-athlete, you will need to obtain a B-1/B-2 Tourist Visa.

Each individual applying for a Tourist Visa must submit the following information to their Embassy:

- The DS-160 online application for non-immigrant visa
- A passport valid for at least 6 months after intended stay
- One 2x2 photograph
- Application and issuance fee

Ascending Life Academy can issue you a letter of support that you can provide to your Embassy. Please email a copy of your passport picture page to us and let us know your reservation dates at Ascending Life Preparatory Academy.

WHEN YOU GET HERE:

- Bring your passport, and I-20 form to school, and present to the International Student Advisor or a Designated School Official (DSO)
- The DSO will sign your I-20 on page two and make copies of all your legal documents: I-20, visa, and passport.
- Students who are boarding on campus will be required to bring their visa documents to Ascending Life Preparatory Academy front desk in order to be secured.

TOURNAMENT, HOLIDAY & INTERNATIONAL TRAVEL INFORMATION

- When an international student leaves the United States, he/she must check with the International Student Advisor or a Designated School Official (DSO) regarding validity of travel documents.
- The DSO will verify that the student has a valid I-20 and that the I-20 is signed appropriately on page two. If the I-20 is not properly signed, the student might have difficulties with re-entry into the United States.
- Students must always travel with their legal documents: I-20 and F-1 visa/passport.

AFTER COMPLETION

- If an international student decides to withdraw from at Ascending Life Preparatory Academy, he/she must inform the Program Director or Designated School Official (DSO).
- If the student will be attending another school within the United States, the DSO will transfer the SEVIS (I-20) record to the new school via the SEVIS computer system. The student must provide DSO with new school information.
- If the student will not be attending another school within the United States, the DSO will be required to terminate the SEVIS (I-20) record.
- It is the student's responsibility to communicate withdrawal decisions or transfer requests to at 2KR Saints Sports International Preparatory Academy within 60 days.

HOUSING AND FOOD (Boarding Students only)

Housing

You will be placed with a” as your host. You will have a furnished room (bed & dressers, etc) to share with a classmates. The cost of rent is included in your payments.

Food

You will be given 21 meals a week. The cost of this food is included in your payments. Additional meals are your responsibility

Guidebook for Surviving Our Household

Rule #1!

Never be afraid to ask questions about anything that you do not understand! We know that we often use slang and colloquial expressions that are hard to understand. Do not hesitate to say that you don't understand us and that you need for us to talk slower or repeat something that we have said.

A Typical Day

Please feel free to make yourself completely at home, but if you use something, put it back. If you get something dirty, clean it up. Please treat our house and our belongings with respect as we will still be living here after you return home. If you turn something on, be sure to turn it off. Thus applies to the computer, stereo, washer, dryer, TV, DVD, and all kitchen appliances. We will show you how to operate everything in the house, but please do not hesitate to ask questions if we forget to tell you something. Also remember to be considerate with regards to the volume of the stereo and TV.

The week's meals are usually planned on Sunday and we purchase all food for the week on one trip. Either one of us will start dinner depending on who gets home first so that dinner is ready between 6:30 and 7:00 pm. Everyone helps to clean-up so that it gets done quickly.

We usually go to bed around 10:30 or 11:00 pm. If you need to stay up later in order to study, you may as long as you are quiet. You need to play the TV and stereo very softly after 10:00 pm.

During the weekend, the schedule can vary quite a bit. .

Household Chores

You are responsible for keeping your own room and shared bathroom clean. If guests are coming over, your shared bathroom must be very clean as it may be used.

No one in this household likes to clean; therefore, everyone pitches in to help with the chores. These will not be extensive because we run a very casual home. Some examples of daily chores are picking up the mail, emptying and filling the dishwasher, straightening the kitchen, taking out the trash, and picking up anything that is out of place.

The cleaning ladies come every other week. Some chores need to be done to prepare; for example, everything needs to be put away so that they can clean...they only clean and do not pick-up items and put them away.

We might also need to clean some during the week when the cleaning ladies are not coming, especially if we are expecting guests. All of us will work together to keep the house nice.

Personal Stuff

Americans generally shower once a day and wash their hair at least every other day. In our hot climate we might shower more than once a day if we become overheated.. You will be able to purchase the shampoo, toothpaste, soap and other personal items that you need from the grocery or drug store.

We will purchase toilet paper for the house. It is safe to flush toilet paper in the toilet, but not Kleenex. You can flush the toilet after each use.

You only need to wear your clothes one day before they are washed. You should not wash until you have a full load in order to save water and electricity. Laundry is usually done during the weekend. Clothing and towels are done once a week. Sheets are done every two weeks. We will show you how to use the washer and dryer so you can do your own laundry. You will have a laundry basket in you closet to keep you dirty clothes in until laundry day.

Always knock before entering either a bedroom or a bathroom. Privacy is very important to most Americans. We will always knock before entering your room.

If you wish to move furniture around your room, ask for permission first.You may also hang pictures or other decorations as you like.

Unless it is very close to meal time, don't hesitate to get yourself a snack to eat. We are often very busy with school, and sometime supper is late. Don't feel that you need to starve while you wait for all to come home, but when we eat dinner at the table you will be expected to eat with us. During the week you will be responsible for making your own breakfast.

If there is something that you want from the grocery store, please write it down. We try to go to the grocery store only once a week. If you need something that cannot be purchased at the grocery store, please speak with host..

Going Out with Friends, etc.

You are free to socialize with your friends outside of school. However, it is very important that at all times we know where you are going, when you will be home, with whom you are going to be, and how we can reach you. We want to be introduced to your friends and those students you go out with beforehand so that we can put names with faces. If you are going to be late, you need to call. On school nights you must be home by 9:00 pm unless special arrangements are made with us. During the weekend you will be expected to be home before midnight.

Please remember two things. The first is that you have had your entire life to build the trust between you and your parents, but you have a short time to build the same trust with us. The

second is that we are “borrowing” you as a son/daughter and normally you take greater care of something that is borrowed than something that is your own.

You may invite friends over to the house as long as you ask us in advance. You are not allowed to be home alone with opposite sex.

Please remember that drinking and use of drugs are not permitted and is against the law for someone your age. Some American teenagers that you socialize with may do these things but remember that breaking these rules will have far more serious consequences for you than it will for them. Please do not do anything that would jeopardize your stay with us. Even being in the presence of illegal drugs, even if you do not touch them, can get you sent home. Drinking can be more dangerous in the U.S. than in your own country because in the U.S. most teenagers have automobiles accessible to them. Never get in a car with a driver who has been drinking as many teenagers are killed this way. You can always call us from anywhere and at anytime, and we will come get you.

Money

You will receive money from your family outside of expenses they have paid. This may seem like a great deal of money to you or very little, but remember items in the U.S. can be very expensive. Some of your friends at school may have quite a bit of money and the temptation may be to spend your money as freely as them, but remember your money must make it from day to day we will help you to budget your money so that you will have every thing you need to participate in fun activities also

We like to eat in restaurant when we go out as a family for meals or activities, we will pay. If you go out with your friends, you will need to use your own money.

Religion

We are religious people, and we do attend church every so often. We can send you with friends if you have an interest in seeing what a Christian church in the U.S. is like. American teenagers often participate in social events at their churches during the week, and this can be a good way to meet new friends. If you are interested, let us know.

We do observe major religious holidays. We hope that you will enjoy sharing these holidays with us.

Americans can seem very strange to others and these guidelines may seem very strange to you. We hope that we can learn to understand each other and become close friends. We will do our best to welcome you into our home and make you a part of our family. Hopefully you can excuse any of our oddities and have a very enjoyable experience living in the U.S.

INTERNATIONAL STUDENT HOUSING RULES

Rules for Students

1. Students are expected to comply with all school rules as outlined in the High School student handbook.
2. School attendance is mandatory and is a requirement of the F-1 visa.
3. Drinking of alcoholic beverages, smoking, and use of illegal drugs are prohibited. A report of all prescription medications must be provided to **Phil Williams**, and the local medical provider upon arrival.
4. Driving automobiles or any motorized vehicles must comply with all laws of the state of California and the United States.
5. Students must comply with all host family regulations (e.g. curfews, chores, routines, etc.)
6. While enrolled as an I-20 student at High School, all students are under the jurisdiction of local, state, and federal laws and must obey all governmental laws, including those regarding immigration status.
7. Students are not permitted to travel independently during their enrollment. Travel is permitted only if accompanied by an approved adult or with an organized group.
8. Students are discouraged from borrowing money from host family members. It is recommended that the students arrive with a nationally accepted debit/credit card.
9. Students are responsible for all expenses of cell phones and plan contracts.
10. Students are expected to comply with the host family's preferences for speaking English in the home
11. Students will be responsible for all charges incurred during the temporary living situation .

Length of stay with Host Family

1. The host family's agreement to host a student is for one academic year. By mutual agreement between host family and student, this term may be extended into a second year or more. A student's conduct may impact this decision.
2. Students in violation of host family rules may be asked by the family to leave the home and to find alternative living arrangements. The student is then responsible for securing subsequent arrangements under the direction of the program director. Difficulty in securing suitable arrangements may result in the student having to return to his/her home country and consequential termination of the F-1 visa.

Disciplinary Action

In the event that a student must be removed from a the host family home for disciplinary reasons (e.g. substance abuse, breaking house rules, theft of property, continuing conflicts or verbal abuse toward a family member, physical abuse to any persons or property, etc.), he/she will be placed with a interim host family. During that time, arrangements will be finalized either for the student to live with a new host family or to return home permanently.

Violations of these and school rules may result in the immediate and permanent dismissal of the student from the program.

The High School also reserves the right to terminate a student's F-1 visa if the student's physical or mental health is deemed to be at risk, as determined by Brookside Christian High School.

In applying for admission to The High School, I agree to abide by its policies, procedures, and regulations as outlined in the international student program guidelines, the student handbook, and other publications.

Student Signature

Parent Signature

Date

ASCENDING LIFE Preparatory Academy

Application

\$55 Non Refundable Application

Section 1: Personal Information:

Name (as it appears on your passport): _____

Date of Birth: _____ Country of Origin: _____

Passport #: _____ expiration date _____

Mailing Address: _____

Most Recent School Attended: _____ HS Grad Year: _____

Cell Phone Number: _____ Email Address: _____

Emergency Contact Name: _____ Phone: _____

Additional Emergency Contact: _____ Phone: _____

Section 2: Academic & Eligibility Information:

HS Graduate? (Yes or No): _____ GPA: _____ SAT Score: _____ ACT Score: _____

Have you registered with NCAA Initial Eligibility Website? (Yes or No): _____ If so, NCAA ID: _____

Section 3: Basketball Information:

Ht: _____ Position: _____

In your opinion, what is your greatest strength as a player?: _____

In your opinion, what is your biggest weakness as a player?: _____

What are your basketball goals?: _____

Recent Coach: _____ Cell Phone: _____

Section 4: Medical Insurance Information (if applicable):

Medical Insurance Provider: _____

Primary Policy Holder: _____ Primary Policy DOB: _____

Policy #: _____ Group #: _____

Signature of Applicant: _____ Date: _____

All student academic records must be translated by a certified translation company. We will forward a local company to have records verified. The translation service fees are separate and paid directly to translation company. Our partner school requires an official copy sent directly to school and a copy of immunization records before admittance.

List Allergies & Medicine taken : _____

ASCENDING LIFE PREPARATORY ACADEMY

APPLICATION CONTINUED

STUDENT ATHLETE NAME _____

Parent Guardian Information (Guarantor):

Name: _____

Social Security Number: _____

Mailing Address: _____

Cell Phone Number: _____ Email Address: _____

Section 5: Credit Card Authorization

We require a credit card on file for all students in our program. Credit card is for incidentals and charges your child may occur outside of program fees. Receipts will be sent via email:

NAME ON CARD: _____

CARD NUMBER: _____ EXP MO/YR: _____ CVV Code: _____

BILLING ZIP CODE: _____

EMAIL ADDRESS FOR RECEIPT: _____

Signature of Cardholder: _____

Date: _____

Release and Waiver of Liability

By signing this contract, you are stating the following: I understand that this Release and Waiver of Liability governs all rights and liabilities relating in any way to the receipt by me Ascending Life Christian College prep Academy (ALCP) (Doing Business As: Ascending Life Christian Preparatory Academy) and/or its agents and SERVICES, as that term is defined below. I have read, understand, and agree to be bound by the terms below.

Definitions: "Services" shall mean any and all manner of goods and interactions offered by ALCP or any agent thereof. These services include, but are not limited to, training, treatment, consulting, evaluations, rehabilitation, reconditioning, performance planning, performance training (including strength & conditioning training, speed & quickness training, plyometric training, and the like), recovery and regeneration training, sports nutrition consultation, supplement and nutrition provision, any consultation related to basketball and basketball related recruitment, injury reduction and treatment, technical and tactical instruction, performance enhancement, and the like. "Training" shall mean any act, omission, or other activity required of you or carried out by you in relation to the Services. "Released Parties" shall mean all ALCP staff, employees, agents, volunteers, and all related governmental entities, along with any other sponsoring organizations, contractors, affiliates, parent corporations, affiliated corporations, and subsidiary corporations.

Terms and Provisions: The risk of injury from participation in sporting events and other strenuous physical activity, including Training, is significant, including the potential for permanent paralysis, other serious injury, and/or death. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS of participation in Training, including, without limitation, risk arising from or relating in any way to the condition of the facilities, equipment, fields, and surrounding premises, the actions of persons other than myself, my own actions, and travel to and from the Training. I UNDERSTAND THAT THE RELEASED PARTIES MAKE NO WARRANTIES and shall in no event be responsible or liable for the defective or dangerous condition of the facilities, equipment, fields, and surrounding premises, except to the extent such condition(s) result(s) solely from the gross negligence or intentional acts of a Released Party. I AGREE THAT THE RELEASED PARTIES SHALL NOT BE LIABLE for any claims, demands, injuries, damages, actions, or causes of action that arise in whole or in part due to the simple negligence of the Released Parties, or any of them. FURTHERMORE, I FOREVER RELEASE AND DISCHARGE, AND AGREE TO INDEMNIFY AND HOLD HARMLESS, the Released Parties from and in relation to all claims, demands, injuries, damages, actions, or causes of action that arise from or relate in any way to my participation in the Training, other than such claims, demands, etc. that arise solely from the gross negligence or intentional acts of a Released Party. I FURTHER WARRANT AND CERTIFY that I have no health conditions or defects that would prevent me from participating safely in the Training, that I have taken every reasonable act necessary to make this warranty and certification in relation to such participation, and that I am otherwise sufficiently fit and healthy to so participate. I WARRANT AND UNDERSTAND that it is my sole and personal responsibility to obtain insurance to compensate for any and all injuries which might arise from my participation in the Training, and furthermore agree to look solely to such insurance to cover losses resulting from any injuries, regardless of fault, and waive all rights of subrogation on behalf of any and all Released Parties which may now or ever exist as a result of such insurance. IN ANY EVENT, THE LIABILITY OF A RELEASED PARTY TO ME FOR ANY REASON AND UPON ANY CAUSE OF ACTION SHALL NOT EXCEED THE AMOUNT ACTUALLY PAID BY ME TO 2KR SAINTS SPORTS INTERNATIONAL, LLC DURING THE TWELVE MONTHS IMMEDIATELY PRECEDING MY ASSERTION OF SUCH CLAIM. THIS LIMITATION APPLIES TO ALL CAUSES OF ACTION IN THE AGGREGATE, INCLUDING, WITHOUT LIMITATION TO EQUITY, BREACH OF CONTRACT, BREACH OF WARRANTY, NEGLIGENCE, STRICT LIABILITY, MISREPRESENTATIONS, AND OTHER TORTS. If any paragraph, subparagraph, sentence or clause of this Agreement shall be adjudged illegal, invalid or unenforceable, the balance of the Agreement shall remain in full force and effect. This Agreement shall be construed and interpreted under California law. Please read this Agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily. I acknowledge that I have received valuable consideration in relation to my execution of this Agreement, which I understand to be a prerequisite to my receipt of Services. Finally, I understand that this Agreement shall be of full force and effect as to any and all Services I receive from the Released Parties, without regard to the date or timing of such service. No Refunds will be given for any reason.

Terms of Service: I agree to allow ALCP and representatives of ALCP to release academic and athletic information to other sources in regards to my child or myself. I give ALCP, permission to publish the likeness of my child or myself and supply information about my child or myself on their national website. I understand the terms of this agreement are year round.

Personal Behavior: I agree to follow the rules as determined by Ascending Life Christian Preparatory Academy /in regards to personal behavior including refraining from the use of alcohol, drugs or tobacco while on the premises of housing or lodging provided by ALCP or representing ALCP. I release ALCP and representatives thereof of any legal liability that might arise if I am injured at any point while under the supervision of ALCP. I understand that any damages caused by myself to Ascending Life Christian Preparatory Academy property or properties being used by ALCP will result in me having to pay the full cost of replacement or repair by signing this form, I attest that I am the named athlete or Guardian of athlete named and I am 18 years of age or older. By signing this document I agree to all terms set forth.

Athlete Signature (if 18 years & older): _____ Date: _____

Parent/ Guardian Signature: _____ Date: _____

Parent/ Guardian Printed Name: _____